



RECESS (orders)

Fruit Loaf (toasted)	
1 slice	\$0.60☺
2 slice	\$1.20☺
Custard Cup	\$1.50☺
Frozen Yoghurt	\$2.50☺
Pizza Bread	\$1.00☺
(1 slice)	
Mini Quiche	\$1.50☺
Hash Brown	\$1.00☺
Mini Pie	\$1.50☺

SNACKS (over the counter)

Chips	\$1.50☺
(assorted variety)	
Cool Butter Popcorn	\$1.50☺
Monster Noodles	\$0.50☺
Grainwaves	\$1.50☺
Jumpy's	\$1.50☺
JJ's	\$1.50☺
Jelly Cup	\$0.50☺
Mousse Cup	\$1.00☺
Pizza Bread	\$1.00☺

Please look on the specials board for weekly healthy options

FROZEN SNACKS (lunch only)

Frozen Yoghurt	\$2.50☺
Frozen Juice Cup	\$1.00☺
Sunny Boy	\$1.00☺
Fandangle	\$2.00☺
Quelch Fruit Stick	\$0.50☺
Fruit Bomb	\$0.50☺

Please look on the specials board for weekly healthy options

DRINKS

600ml Water	\$1.50☺
300ml Moove Milk	\$2.00☺
(chocolate or Strawberry)	
Fruit Popper	\$1.20☺
(tropical or apple)	
Orange Juice Cup	\$1.00☺
Slushie (99% Juice)	
Small	\$1.20☺
Large	\$2.00☺
Warm Milo	\$2.00☺

Online ordering available:

@

Flexischools.com.au

LUNCH (orders)

Sandwiches (white or multigrain)

Vegemite	\$3.00☺
Cheese	\$3.00☺
Ham	\$4.00☺
Chicken	\$4.00☺
Ham & Cheese	\$4.50☺
Chicken & Cheese	\$4.50☺
Ham, Tomato & Cheese	\$4.80☺
Chicken, Lettuce & Mayo	\$5.00☺
Salad	\$4.50☺
Ham & Salad	\$5.00☺
Chicken & Salad	\$5.00☺

ROLLS add	\$1.00☺
WRAPS add	\$1.00☺

Other lunch food

Garden Salad cup	\$5.00☺
add Chicken or Ham	\$5.50☺
Caesar Salad Cup	\$5.50☺
add Chicken	\$6.00☺
Sushi (5 pieces)	
Teriyaki Vegetable	\$3.20☺
Corn Cobbett	\$1.00☺
Lasagne	\$5.00☺
Mac n Cheese	\$5.00☺
Potato with Cheese	\$3.50☺
add Ham or Chicken	\$4.00☺
Yummy Drummy's	\$1.50☺
Chicken Burger Roll	\$5.00☺
(lettuce & mayo)	
Hamburger Roll	\$5.50☺
Cheese Burger Roll	\$5.00☺
Pizza	\$3.50☺
(ham & cheese)	
Noodle Cup	\$3.00☺
Mini Quiche	\$1.50☺
Mini Pie	\$1.50☺
Large Pie	\$4.50☺
Large Sausage Roll	\$3.50☺
Gluten Free Pie	\$4.50☺
Warm Cheesemite	\$3.00☺
Scroll	

Extras

Lunch Bag	\$0.10
Tomato Sauce	\$0.30
Italian Dressing	\$0.30

*** Please note: Lunch orders need to have: Name, Class & sufficient money enclosed. Change will be given. Recess orders need to be marked with RECESS*

MEAL DEALS

Only available on set days

☺Wednesday☺

CHEESY TRIANGLES

Cheese Toasted Sandwich & orange juice cup
\$3.70

☺Thursday☺

MEGA MUNCHER

Crumbed Chicken Wrap
Flavoured Milk
\$6.70

☺Friday☺

Oven Warmed Cheesemite Scroll

& Juice cup
\$3.70

☺ Green rated foods= eat lots
☺ Amber rated foods= eat sometimes